

Hormone Saliva Tests

Knowing your hormone levels is important.

Hormones exist in harmony with each other—partners in a delicate balancing act. When balance is lost, hormone deficiencies and excesses can become toxic to the body causing unwanted symptoms, disorders and disease.

The first step to managing your hormones is to start with a detailed assessment of your hormone levels.

While laboratories measure hormones in several ways, research indicates that the most accurate way to do so is through saliva.

Saliva testing is a fast, simple and accurate way to find out what's really going on with your hormones. If you have a hormone imbalance, hormone testing can be a valuable tool for creating hormone balance.

Knowing your saliva hormone levels is an important first step in assessing where your hormones may be out of balance and determining whether your current natural hormone regimen is working for you. If you are wondering whether certain symptoms may be due to a hormone imbalance, this is a quick, easy and accurate way to find out.

Why do I need hormone testing?

One size does not fit all when it comes to hormones! For decades western medicine has prescribed hormone replacement therapy as if everyone needed the same thing and the same amount. Nothing could be further from the truth. Your hormones are like your fingerprints and in order to achieve optimal health, you need to know what your specific imbalances are. Saliva testing can be used to determine your current hormonal state as well as monitor your supplementation with natural hormone medications.

Custom Meds Compounding Pharmacy has a variety of saliva hormone tests available:

Female/Male Saliva Profile I:

- Good basic assessment of sex steroid and adrenal hormones collected in the morning when levels should be at their peak.
- Five (5) Tests: Estradiol (E2), Progesterone (Pg), Testosterone (T), DHEA-S, and morning Cortisol (C1).



Female/Male Saliva Profile II:

- Female/Male Saliva Profile I + PM Cortisol to provide a more comprehensive evaluation of adrenal function.
- Six (6) tests: Female/Male Saliva Profile I (E2, Pg, T, DS, and C1) + PM Cortisol.

Female/Male Saliva Profile III:

- Female/Male Saliva Profile I with 3 additional collections throughout the day to provide a complete evaluation of diurnal adrenal function.
- Eight (8) tests: Female/Male Saliva Profile I (E2, Pg, T, DS, and C1) + noon, evening, and night Cortisol.

Saliva testing offers men and women a simple and accurate way to assess the current levels of hormones in their body without having to make an expensive doctor's visit. Saliva testing is also used to monitor your supplementation with natural hormone medications and supplements. If you are interested in completing a saliva test kit, contact Custom Meds today.

We would be happy to explain the saliva test kit and the advantages of bio-identical hormone replacement therapy (BHRT). Be sure to check out our website page devoted to BHRT as well.

For more information about saliva testing call 352-341-1212 today!

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A SALIVA TEST KIT AND SUPPLEMENTS.

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